


University of Limerick Students' Union Sabbatical Officer Reports to Council

Academic Year	2015/2016
Date	4 th November 2015
	UGM Week 9 Semester 1
Position:	DP/Welfare
Name:	Ciara Corcoran
Profile Picture:	

Introduction To Report and Updates Since Last Council

- a. Counselling centre-** 20 extra sessions per week have been secured since week 7 helping to ease the pressure on current resources. A long term solution is being worked on in the form of a full time counsellor post. More to follow next semester.
- b. Medical Centre-** Many issues arose since the start of the semester, particularly regarding availability of doctors. As of week 9 we have 11 doctor sessions along with 10 nurse sessions, a session being 9am-1pm or 2pm-5pm.
- c. Aldi bus** – Aldi bus continues this year with interest remaining steady from week to week. Currently have 2 students managing bookings and collections- working well. Buses run 5pm and 7pm every Monday from the on-campus villages. Email aldibusul@gmail.com to book.
- d. Welfare Team** – Fantastic group of people! Campaign weeks wouldn't have happened without them. Good turnout over the weeks. A number of constant members.

e. Wolf wrist bands. Working on an idea with Paul Lee C&S, Declan Aherne UL Counselling to sell/distribute bands with positive messages, *friendship, belong, fun, support, wolfpack*. All money collected will go towards training or promoting mental health on campus. Bands are ordered and expected to be in this week.

f. Financial Aid- Student Assistance Fund applications open. Closing November 30th. 28 financial aid applications granted so far this semester.

g. Leeds/Manchester- Huge learning experience. Good idea of what we can improve on and do differently. Advice centre initiative highlight from a Welfare perspective.

h. Campaigns-

World suicide prevention week;

September 9th- cycle against suicide on campus, coffee morning in Plassey house plus variety of other cycling and mental health activities to raise awareness.

Week 4 Physical Health;

Worked with First 7 weeks, UL Sport, Smarter Travel, Medical/nursing dept. Huge amount of events on campus including cycling trials, walking challenges and mini health checks.

Week 5 SHAG week;

Quiz had 170+ attendants! Survey and stories went well, consent issues raised on Facebook had good traction, An Focal was good resource for information distribution

Week 8 Mental Health week;

Mindfulness and positive thinking classes everyday along with colouring and free chats.

S.U. Finances

Budget Expenditure

€150- Console QPR training

Short Term Objectives and Update

- Campaign weeks- Drug & Alcohol Awareness and De-stress & Exam Prep (in conjunction with Academic Officer)
- Launch and promotion of wristband sales
- Welfare section on website and FAQs- online information forum (WIP)

Long Term Objectives and Update

- Increased mental health/counselling centre resources- WIP
- Finance guide- WIP
- Increase in funds raised during charity week compared to CW 2015!
- Limerick Students 'Walk and Talk' 2016

Meetings Attended (With External Bodies / Of Note)

Financial Aid committee
SU Exec
SU Board of Management
Governing Authority
Governing Authority Access and Student Affairs
President Don Barry and VPAR Paul McCutcheon
Director of Student Affairs
Declan Aherne (head of counselling centre)- regular meetings organised
Student Assistance Fund Committee
PVA Committee
Stables, Scholars and Arena Clubs
Mid-Western Regional Drug and Alcohol Task Force
PleaseTalk representative
HSE Suicide Prevention Officer Martin Ryan
GOSHH
MISU & LITSU re. student walk against suicide

GIFTS RECEIVED (R.R.P of over €50)

N/A

EXPENSES CLAIMED

N/A

AOB

Signed by the Officer: _____

Submitted to the Chairperson on the _____

Verified by a member of the Executive Oversight
Committee: _____