

IF ELECTED PRESIDENT I WILL CONTINUE THE GOOD WORK DONE BY THE CURRENT SABBATICAL TEAM AND TRY TO IMPROVE STUDENT ENGAGEMENT WITH THE UNION.

I HAVE HELD NUMEROUS POSITIONS IN THE UNION AND CLUBS AND SOCIETIES. I'VE BEEN SOCIETIES OFFICER FOR C&S AND CHAIRPERSON OF THE STUDENT COUNCIL.

I'VE BEEN PRESIDENT OF THE POKER SOCIETY AND INVOLVED IN MANY MORE. I'VE SAT ON BOTH EXECUTIVES OF THE UNION SO I UNDERSTAND HOW IT WORKS AND I UNDERSTAND WHAT IT TAKES TO CHANGE SOMETHING.

IT'S CRUCIAL THAT THE PRESIDENT OF THE UNION UNDERSTANDS BOTH SIDES OF THE UNION AND I FEEL THAT I HAVE THE EXPERIENCE NECESSARY TO DO AN EFFECTIVE JOB AND REPRESENT ALL OF OUR STUDENTS.

I'M THE MOST EXPERIENCED CANDIDATE AND IF YOU VOTE FOR ME I ASSURE YOU THAT I WILL GIVE IT 110% AND WILL TRY MY BEST TO IMPROVE STUDENT LIFE FOR ALL THOSE ON CAMPUS.

A BIG PART OF MY CAMPAIGN IS YOUR SUGGESTIONS AS WELL AS MINE. I WANT TO THANK ALL OF THOSE WHO RAISED ISSUES AND SUGGESTIONS SO FAR AND HOPE TO HEAR MORE OVER THE COMING DAYS.

I PROMISE THAT IF ELECTED MY DOOR WILL BE ALWAYS OPEN TO ANY STUDENT. REMEMBER THIS IS YOUR UNION. YOU WANT SUM?

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THIS MANIFESTO IS AMBITIOUS. BUT I'M AN AMBITIOUS PERSON AND I HAVE THE IDEAS AND EXPERIENCE TO DELIVER ON THESE PROMISES. MY CAMPAIGN IS BASED AROUND EQUALITY, EVENTS AND ENTERTAINMENT, REVITALISING AN FOCAL, IMPROVING STUDENT FACILITIES AND THE GENERAL WELFARE OF OUR STUDENTS, SORTING OUT THE CO-OP OFFICE AND ENSURING REPEAT FEES ARE FAIR. I WANT TO CREATE AN EQUAL UL FOR EVERYONE. #CC4P

## STUDENT HEALTH AND WELL-BEING

THE HEALTH AND WELL-BEING OF UL STUDENTS SHOULD BE A UNIVERSITY AND UNION PRIORITY. I PROMISE TO WORK WITH THE WELFARE OFFICER TO TRY AND IMPROVE STUDENT WELFARE ON CAMPUS. I WANT TO WORK WITH THE UNIVERSITY TO IMPROVE THE QUALITY OF THE STUDENT HEALTH CENTRE AND THE COUNSELLING CENTRE. A FEW YEARS AGO FEES FOR THE STUDENT HEALTH CENTRE WERE BROUGHT IN BUT THE STANDARD OF SERVICE HAS GONE DOWN. THAT'S NOT ACCEPTABLE.

MENTAL HEALTH IS SOMETHING WE TAKE FOR GRANTED. MANY UL STUDENTS SUFFER WITH DEPRESSION OR OTHER MENTAL HEALTH ISSUES AND THIS SHOULD BE PROMOTED INSTEAD OF STIGMATISED. THE COUNSELLING DEPARTMENT DOES GREAT WORK BUT OFTEN YOU HAVE TO WAIT WEEKS FOR AN APPOINTMENT. I THINK MORE APPOINTMENTS ARE NEEDED. I WOULD LIKE THE STUDENT'S UNION TO DISCUSS HOW TO MAKE THE SERVICE BETTER. IF ELECTED I WOULD MEET WITH THE DIRECTOR OF STUDENT AFFAIRS IN MY FIRST WEEK OF OFFICE.

- FREE FITNESS CLASSES FOR STUDENTS ONCE A WEEK
- MORE CAMPAIGNS ON ISSUES LIKE MENTAL AND SEXUAL HEALTH
- EMERGENCY CONTRACEPTION AVAILABLE IF NEEDED
- STUDENT LOAN SYSTEM FOR THOSE WHO CAN'T AFFORD TO PAY AT THE TIME

## REPEAT FEES AND I-GRADES

THE COST OF REPEATING AN EXAM IS INCREDIBLY HIGH WHEN COMPARED TO OTHER UNIVERSITIES. THE UNION HAS BEEN WORKING ON PLANS TO LOWER THE REPEAT FEES. IF ELECTED I WILL WORK WITH THE EDUCATION OFFICER TO CONTINUE THE GOOD WORK ALREADY DONE BY THIS YEAR'S SABBATICAL TEAM. THE SYSTEM SHOULD BE FAIR AND TIERED. IT SHOULD NOT COST €170 TO REPEAT ONE EXAM. IF UCC AND MAYNOOTH CAN DO IT FOR €25 AND €35, UL SHOULD BE TRYING TO ACHIEVE A SUBSTANTIAL DROP. I-GRADES ARE GOT WHEN STUDENTS HAVE A GENUINE REASON TO MISS AN EXAM. HOWEVER IF A STUDENT MUST GET AN I-GRADE IN FOURTH YEAR THEY ARE UNABLE TO GRADUATE WITH THEIR FRIENDS AS I-GRADES ARE DONE DURING REPEAT EXAMS. I THINK IT'S WRONG AFTER FOUR YEARS OF HARD WORK THAT BEING SICK ON THE DAY OF AN EXAM OR MISSING AN EXAM DUE TO A BEREAVEMENT SHOULD MAKE YOU MISS GRADUATION.

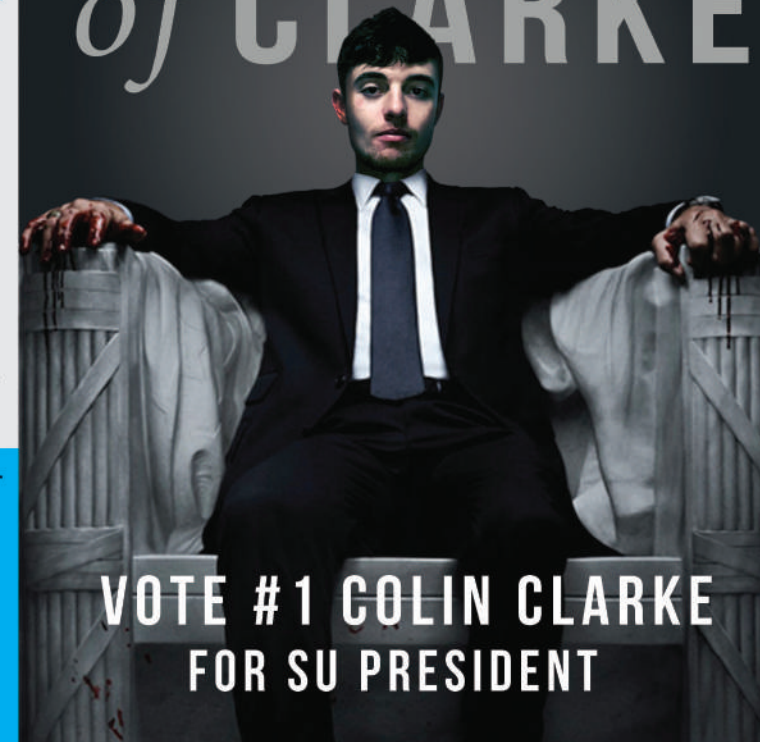
## CO-OP EDUCATION

LAST YEAR'S PRESIDENTIAL CANDIDATE MARK NOTHER HIGHLIGHTED THE FACT THAT THE CO-OP OFFICE NEEDS A REVIEW. I STRONGLY AGREED WITH HIM AT THE TIME AND IF ELECTED I WOULD LOOK TO FINISH WHAT MARK STARTED. THE CO-OP OFFICE CAN BE A NIGHTMARE TO DEAL WITH. STUDENTS MUST TAKE THE FIRST JOB THEY GET OFFERED AND SOMETIMES STUDENTS END UP IN JOBS THEY DON'T WANT TO BE IT. A STUDENT LED REVIEW AS WELL AS A UNIVERSITY REVIEW IS NEEDED. CO-OP IS A GREAT IDEA LIKE ERASMUS AS LONG AS IT'S DONE FOR THE BENEFIT OF STUDENTS AND NOT THE BENEFIT OF THE CO-OP OFFICE.

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